

# || Sri Vishnu Sahasranamam ||



[Part 1 \(derived from tradition\)](#)

*Om*

shuklAmbaradharam vishNum shashivarNam chaturbhujam |  
prasanna vadanam dhyAyet sarva vigna upashAntaye ||

yasya dvirada vak trAdhyAh pArishadhyAh parah shatam |  
vignam nignanti satatam vishwaksenam tamAshraye ||

vyAsam vashishTa naphAram shakte pouthram akalmasham |  
parAsharAtmajam vande shukhatAtam taponidhim ||

vyAsAya vishNu rUpAya vyAsarUpAya vishNave |  
namo vai brahmanidhaye vAsishTAya namo namaH ||

avikArAya shuddhAya nityAya paramAtmane |  
sadhaikarUpa rUpAya vishNave sarva jishNave ||

yasya smaraNa mAthreNa janma samsAra bandhanAt |  
vimuchyate namastasmai vishNave prabha vishNave |  
Om namo vishNave prabha vishNave ||

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[Part 2 \(from Mahabharata\)](#)

*sri vaishampAyana uvAcha:*

shrutvA dharmAn asheshena pAvanAni cha sarvashaH |  
yudhishTira shAntanavam punarevAbhya bhAshathaH ||

*yudhishTira uvAcha:*

kim ekam daivatham loke kim vApyekam parAyaNam |  
stuvantha kam kamarchantha prApnuyur mAnavAh shubham ||

ko dhArma sarva dhArmaNAm bhavata paramo mathaH |  
kim jApAn muchyate jAntur janma samsAra bandhanAth ||

*sri bhishma uvacha:*

jagatprabhum deva devam anantham purushottamam |  
stuvan nAma sahasreNa purusha satathotthithaH ||

tameva chArchayan nityam bhaktyAh purusham avyayam |  
dhyAyan stuvan namasyamscha yajamAnas tameva cha ||

anAdhi nidhanam vishNum sarva loka maheshwaram |  
lokAdhyaksham stuvan nityam sarva dukkhAdhigo bhaveth ||

brahmaNyam sarva dharmagnyam lokAnAm kIrti vardhanam |  
lokanAtham mahad bhUtham sarva bhUta bhavodh bhavam ||

esha me sarva dhArmaNAm dharmo dhikatham mathaH |  
yadbhaktyAh punDarIkAksham sthavairarchen naras sadAH ||

paramam yo mahat teja paramam yo mahat tapaH |  
paramam yo mahadh brahma paramam ya parAyaNam ||

pavitraNAm pavitram yo mangaLAnAm cha mangaLam |  
daivatam devatAnAm cha bhUtAnAm yovyaya pitA ||

yatha sarvaNI bhUthANI bhavanthyAdhi yugAgame |  
yasmimscha praLayam yAnthi punareva yugakshaye ||

tasya loka pradhaNasya jagannAthasya bhUpathe |  
vishNor nAma sahasram me sRNu pApa bhayApaham ||

yANI nAmANI gouNANI vikhyAtANI mahAtmanaH |  
rishibhi pari geetANI tANI vakshyAMI bhUtaye ||



[Part 3 \(derived from tradition\)](#)

rishir nAmnAm sahasrasya vedavyAso mahamuniH |  
chandhonushTup tatA devo bhagavAn devaki sutaH ||

amRthAm shUdhbhavo bIjam shaktir devaki nandanaH |  
trisAma hRdayam tasya shAntyarte viniyujujate ||

vishNum jishNum mahAvishNum prabavishNum maheshwaram |  
anekarUpa daityAntam namAMI purshottamam ||



[NyAsam](#)

asya sri vishNOR divya sahasranAma stotra mahA mantrasya |  
sri vedavyAso bhagavAn RshiH |  
anushTup chandaH |  
sri mahAvishNu paramAtmA sriman nArAyaNo devatA |

amRthAm shUdbhavo bhAnuriti bIjam |  
devaki nandana srashTeti shaktiH |  
udbhavaH kshobaNo deva iti paramo mantraH |  
shankabhRn nandakI chakreeti keelakam |  
shArangadhanvA gadhAdhara ityastram |  
rathAngapANi rakshobhya iti netram |  
trisAma sAmaka sAmeti kavacham |  
aanandam parabrahmeti yoniH |  
Rthu sudarshana kAla iti digbandhaH |  
sri vishwarUpa iti dhyAnam |  
sri mahAvishNu prItiyarte sahasranAma jape viniyogaH||

[DhyAnam](#)

kshIro dhanvat pradeshe shuchimaNi vilasat saikate mouktikAnAm |  
mAIA kluptA sanastha sphaTikamaNi nibhair mouktikair maNDitAngaH |  
shubhrai rabhrai radhabhrai upari virachitair mukta pIyUsha varshaiH |  
aanandhi na punIya darinaLina gada shankhapANir mukundaH |  
bhU pAdhou yasya nAbhir viyadha suranilas chandro sUryou cha netreH |  
karNA vAshAh shiro dhyour mukamapi dahano yasya vAsteya mabdhiH |  
antastham yasya vishwam sura nara khaga go bhogi gandharva daithyaiH |  
chitram ramram yate tam tribhuvana vapusham vishNu mIsham namAmi ||

*Om namo bhagavate vAsudevAya*

shAntAkAram bhujaga shayanam padmanAbham suresham |  
vishwAdhAram gagana sadRsham meghavarNam shubhAngam ||

lakshmikAntam kamalanayanam yogihRd dhyAna gamyam |  
vande vishNum bhava bhaya haram sarva lokaika nAtham ||

megashyAmam pItakousheya vAsam srivatsAnkam kousthubod bhAsi thAnkam |  
punyOpetham pundarIkAyatAksham vishNum vande sarva lokaika nAtham ||

namas samasta bhUtAnAm aadhi bhUtAya bhUbRthe |  
aneka rUpa rUpAya vishNave praba vishNave ||

sashanka chakram sakirITa kuNDalam sapeeta vastram sarasIru hekshaNam |  
sahAra vakshasthala shobhi kausthubham namAmi vishNum shirasa  
chaturbhujam ||

chAyAyAm pArijAtasya hemasimhAsano pari |  
aasInamam bhutha shyAmam aayatAksham alankRtam ||

chandrAnanam chatur bAhum srivatsAnkita vakshasam |  
rukmiNi satyabhAmAbhyam sahitam krishNamAsraye ||



[Part 4 \(Sahasranama\)](#)

*Om vishwasmai namaH*

1. vishwam vishNur vashatkAro, bhUtha bhavya bhavatprabhuH |  
bhUtha kRdh bhUdha bRdh bhAvo, bhUtAtmA bhUta bhAvanaH ||
2. pUtAthmA paramAtmA cha, muktAnAm parama gathiH |  
avyayah purushah sAkshi kshetrajnyokshara eva cha ||
3. yogo yogavidhAm netA pradhAna purusheshwaraH |  
nArasimhavapuh shrImAn keshava purushottamaH ||
4. sarvah sharvah shivah sthANur bhUtAdhir nidhir avyayaH |  
sambhavo bhAvano barthA prabhavah prabhurIshwaraH ||
5. swayambhUh shambhurAdityah pushkarAksho mahAsvanaH |  
anAdhi nidhano dhAthA vidhAta dhAturuttamaH ||
6. aprameyo Rshikeshah padmanAbho amaraprabhuH |  
vishwakarmA manustvashTA sthavishTa sthaviro dhRvaH ||
7. agrAhya shAshvata krishNo lohithAksha prathar dhanaH |  
prabhUthas trika kubdhAma pavitram mangaLam param ||
8. eeshAnah prANadah prANo jyeshTah sreshTah prajApatiH |  
hiraNya garbho bhU garbho mAdhavo madhusUdanaH ||
9. eeshwaro vikramI dhanvI medhAvi vikramah kramaH |  
anutthamo dhurAdharshah kRtagnya kRthirAtmavAn ||
10. sureshah sharaNam sharma vishwarethAh prajA bhavaH |  
aha samvatsaro vyALah prathyayah sarvadarshanaH ||
11. ajah sarveshwarah siddha siddhih sarvAdhirachyuthaH |  
vRshAka pirameyAtmA sarvayoga vinisruthaH ||
12. vasur vasumanAh satya samAtmA sammithah samaH |  
amoghah pundarIkAksho vRshakarmA vRshAkRthiH ||
13. rudro bahushira babhrur vishwayoni shuchisravAH |  
amRtah shAshwata sthANur varAroho mahAtapAH ||
14. sarvagah sarva vid bhAnur vishwakseno janArdhanaH |  
vedo vedavidhavyango vedAngo vedavith kaviH ||
15. lokAdhyaksha surAdhyaksho dharmAdhyakshah kRthAkRthaH |  
chaturAtmA chaturvyUhas chatur damshTras chaturbhujAH ||
16. brAjishnur bhojanam bhokthA sahishNur jagadhAdhijaH |  
anagho vijayo jethA vishwa yonih punarvasuH ||
17. upendro vAmanah prAmshur amoghah shuchirUrjithaH |  
ateendrah sangrahaH sargo dhRtAtmA niyamo yamaH ||

18. vedyo vaidyah sadAyogi vIrahA mAdhavo madhuH |  
atheendriyo mahAmAyo mahotsAho mahabalaH ||
19. mahAbuddhir mahAvIryo mahAshaktir mahAdhyuthiH |  
anirdeshyavapuh shrImAn ameyAtmA mahAdhri dhRk ||
20. maheshvAso maheebharthA srInivAsah sathAm gathiH |  
aniruddhah surAnandho govindo govindhAm pathiH ||
21. marIchir dhamano hamsah suparNo bhujagottamaH |  
hiraNya nAbhas suthapA padmanAbhah prajapatiH ||
22. amRtyuh sarvadhRk simhah sandhAthA sandhimAn stiraH |  
ajo durmarshanah shAstha vishrutAtmA surArihA ||
23. gurUr guruthamo dhAma satyah satya parAkramaH |  
nimisho nimishah sragvi vAchaspati rudhAradhiH ||
24. agraNeer grAmaNeeh srImAn nyAyo neta samIraNaH |  
sahasra mUrdhA vishwAtmA sahasrAkshah sahasrapAth ||
25. aavarthano nivRttAtmA sam-vRtah sampramardanaH |  
aha samvarthako vahni ranilo dharaNeedharaH ||
26. suprasAdah prasannAtmA vishwadhRg vishwabhug vibhuH |  
satkartA satkRdhah sAdhur jahnur nArAyaNo naraH ||
27. asankyeyo aprameyAtmA vishishtah shistakRch chuchiH |  
siddhArthah siddha sankalpah siddhidhah siddhi sAdhanaH ||
28. vRshAhi vRshabho vishNur vRshaparvA vRshodharaH |  
vardhano vardhamAnascha viviktah shruti sAgaraH ||
29. subhujo dhurdharo vAgmi mahendro vasudho vasuH |  
naikarUpo bRhad rUpah sipivishTah prakAshanaH ||
30. ojas thejo dhyuthi dharah prakAshAtmA prathApanaH |  
ruddhas spashTAKsharo mantras chandrAmshur bhAskaradhyuthiH ||
31. amRthAm shUdhbhavo bhAnuh shashabindhuh sureshwaraH |  
oushadham jagatah sethuh satyadharma parAkramaH ||
32. bhUtha bhavya bhavan-nAthah, pavanah pAvano-analaH |  
kAmahA kAmakRth kAnthah, kAmah-kAma pradhah prabhuH ||
33. yugAdhi kRdh yugAvartho naikamAyo mahAshanaH |  
adRshyo vyakta rUpascha sahasra jidha nandajith ||
34. ishTo vishishTah shishTeshTah shikaNDi nahusho vRshaH |  
krodhahA krodhakRth karthA vishwabhAhur maheedharaH ||
35. achyuthah prathithah prANah prANadho vAsavAnujaH |  
apAn nidhira dhishTAna mapramatthah prathishTitaH ||

36. skandah skandadharo dhuryo varado vAyuvAhanaH |  
vAsudevo bRhadbhAnu rAdhidevah purandaraH ||
37. ashokas thAraNah thArah shUrah-shourir janeshwaraH |  
anukUlas shathA varthah padmI padma nibhekshaNaH ||
38. padmanAbho aravindhAkshah padmagarbhah sharIrabRth |  
mahardhir Rddho vRddhAtmA mahAksho garuDa dhwajaH ||
39. athulah sharabho bheemah samayagnyo havirhariH |  
sarva lakshaNa lakshaNyo lakshmIvAn samithinjayaH ||
40. viksharo rohitho mArgo hethur damodarah sahaH |  
maheedharo mahAbhAgo vegavAna-mithAshanaH ||
41. udhbhavaH kshobaNo devah srIgarbhah parameshwaraH |  
karaNam kAraNam karthA vikarthA gahano guhaH ||
42. vyavasAyo vyavasthAnah samsthAnah sthAnado dhRvaH |  
pararddhih parama spashTas thushTa-pushTah shubhekshaNaH ||
43. rAmo virAmo virato mArgo neyo nayo-anayaH |  
vIrah shakti matAm sreshTo dharmo dharmaviduttamaH ||
44. vaikunTah purushah prANah prANadah prANavah pRthuH |  
hiraNya garbhah shatrughno vyApto vAyuradhokshajaH ||
45. Rtuh sudarshanah kAlah parameshTi parigraH |  
ugrah samvatsaro daksho vishrAmo vishwadakshiNaH ||
46. vishTarah sthAvaras thANu pramANam bIjamavyayam |  
artho-anartho mahAkosho mahAbhogo mahAdhanaH ||
47. anirviNNah sthavishTo-abhUr dharmayUpo mahAmakhaH |  
nakshatra nemir nakshatrI kshamaH-kshAmah samIhanaH ||
48. yagnya ijyo mahejyascha krathuh sathram sathAmgathiH |  
sarva darshI vimukthAthmA sarvajnyo nyAna mutthamam ||
49. suvratah sumukhah sUkshmah, sughoshah sukhadhah suhRtH |  
manoharo jithakrodho vIrabAhur vidhAraNaH ||
50. svApanah svavasho-vyApi, naikAthmA naikakarma kRtH |  
vatsaro vatsalo vathsI, ratnagarbho dhaneshwaraH ||
51. dharmagub dharmakRdh dharmI, sadhasath kshara maksharam |  
avignyAthA sahasrAmshur vidhAthA kRthalakshaNaH ||
52. gabhasthi nemis satvasthas simho bhUtha maheshwaraH |  
aadhideo mahAdevo devesho devabRdh guruH ||
53. uttharo gopathir gopthA nyAnagamya purAthanaH |  
sharIra bhUtha bRdh bhokthA kapIndro bhUridakshiNaH ||

54. somapo-mRthapas soma purujit purusatthamaH |  
vinayo jayas satyasandho dAshArhas sAtvathAm pathiH ||
55. jIvo vinayithA sAkshi mukundo-mitha vikramaH |  
ambho nidhira nanthAthmA mahodha dhishayonthakaH ||
56. ajo mahArhas svAbhAvyo jithAmitrah pramodhanaH |  
aanando-nandano-nandas satyadharmA trivikramaH ||
57. mahaRshi kapilAcharya kritajnyo medhinI pathiH |  
tripadhas tridha shAdyaksho mahAshrunga kRthAnthA kRth ||
58. mahAvarAho govindas susheNa kana kAngadhee |  
guhyo gabheero gahano, guptas chakra gadhAdharaH ||
59. vedAs svAngo jitha krishNo dhRDas sankarshaNochyuthaH |  
varuNo-vAruNo-vRksha pushkarAksho mahAmanAH ||
60. bhagawAn bhagahA nandI vanamAli halAyudhaH |  
aadityo jyothirAdityas sahisNur gathisatthamaH ||
61. sudhanvA khanDaparashur dhAruNo dhraviNa pradhaH |  
divaspRk sarvadhRg vyAso vAchaspati rayonijaH ||
62. trisAmA sAmagas sAma nirvANam bhesajam bhishak |  
sannyAsa kRch chhama shAntho nishTA shAnthi parAyaNam ||
63. shubhAngas shAnthidhas srashTA kumudha kuvaleshayaH |  
gohito gopatir gopthA vRshabhAksho vRshapriyaH ||
64. anivartthee nivRthAthmA samkshepthA kshemakRch chivaH |  
srivatsa-vakshAs srIvAsa srIpathis srImathAm varaH ||
65. srI-dhas srI-shas srInivAsas, srI nidhis srIvibhAvanaH |  
srI-dharas srI-karas shreyas, shrImAn lokathra yAshrayaH ||
66. svakshas svangas sathAnando nandir jyotir gaNeshwaraH |  
vijithAthmA vidheyAthmA satkIrthis chhinna samshayaH ||
67. udheerNas sarvathas chakshU ranIshas shAshvathas stthiraH |  
bhUshayo bhUshaNo bhUthir vishokas shokhanAshanaH ||
68. archishmAn architha kumbho vishuddhAthmA vishodhanaH |  
aniruddho prathiratha pradhyumno mithavikramaH ||
69. kAlanemi nihA vIra shourI shUra janeshwaraH |  
trilokAthmA triloksha keshava keshihA harihiH ||
70. kAmadeva kamapAla kAmI kAnthA kRthAgamaH |  
anirdeshyavapur vishNur vIronantho dhananjayaH ||
71. brahmaNyo brahmakRdh brahma, brahma-brahma vivardhanaH |  
brahmavidh brAhmaNo brahmI, brahmaNyo brAhmaNa priyaH ||

72. mahAkramo mahA karmA mahAtejA mahoragaH |  
mahAkrathur mahAyajvA mahAyagnyo mahAhaviH ||
73. stavyas stavapriya stotram sthuthi sthothAraNapriyaH |  
pUrNa pUrayithA puNya puNyakeerthi ranAmayaH ||
74. manojavas theerthakaro vasurethA vasupradhaH |  
vasupradho vAsudevo vasur vasumanA haviH ||
75. sadgatis satkRthis sathA sadbhUthis satyaparAyaNaH |  
sUraseno yadhusreshTas sannivAsas suyAmunaH ||
76. bhUthAvAso vAsudevas sarvAsu nilayonalaH |  
darpahA darpadho dRptho, durdharo thAparAjithaH ||
77. vishwamUrthir mahAmUrthir dIpthamUrthir amUrthimAn |  
anekamUrthir avyakthas shathamUrthir shathAnanaH ||
78. eko naikas sava ka kim yatthath padham anuttamam |  
lokabandhur lokanAtho mAdhavo bhaktavatsalaH ||
79. suvarNa varNo hemAngo varAngas chandanAngadhI |  
vIrahA vishamas shUnyo gRthAshI rachalas chalaH ||
80. amAnI mAnadho mAnyo lokaswami trilokadhRk |  
sumedhA medhajo dhanya satyamedhA dharAdharaH ||
81. tejovRsho dhyuthidharas sarva shastra bhRthAm varaH |  
pragraho nigrabo vyagro naikashruno gadhAgrajaH ||
82. chatur-mUrthis chatur-bAhus, chatur-vyUhas chatur-gathiH |  
chatur-aatmA chatur-bhAvas, chatur-veda vidhekapAth ||
83. samAvartho nivRtAtmA dhurjayo dhurathi-kramaH |  
durlabho durgamo durgo durAvAso durArihA ||
84. shubhAngo lokasAranga suthanthus thanthu vardhanaH |  
indrakarmA mahAkarmA kRthakarmA kRthAgamaH ||
85. udbhavaH sundaras-sundho ratnanAbhas sulochanaH |  
arko vAja-sanas shrungI jayantas sarvavij jayI ||
86. suvarNa bindu rakshobhyas sarva vAgIshwareshwaraH |  
mahAhradho mahAgartho mahAbhUtho mahAnidhiH ||
87. kumuda kundhara-kundha parjanya pAvano nilaH |  
amRthA-shom Rthavapus sarvajnyas sarvatho mukhaH ||
88. sulabhas suvrathas-siddhas shatrujich chhathruthApanaH |  
nyagrodho dhumbarosvatthas chANUrAndhra nishUdhanaH ||
89. sahasrArchis saptajihvas saptaidhAs sapta vAhanaH |  
amUrthi ranagho chinthyo bhayakRdh bhayanAshanaH ||



90. aNurbRhath kRshasthUlo gunabhRn nirguNo mahAn |  
adRthas svadRthas svAsya prAgvamsho vamshavardhanaH ||
91. bhArabRth kathitho yogI yogIshas sarvakAmadhaH |  
aashrama-shramaNa kshAmas suparNo vAyuvAhanaH ||
92. dhanurdharo dhanurvedo dhanDo dhamayithA dhamaH |  
aparAjitha sarvasaho niyanthA niyamoyamaH ||
93. satvavAn sAtvikAs satyas satyadharmA parAyaNaH |  
abhiprAya priyAr-horha priyakRth preethi vardhanaH ||
94. vihAya sagathir jyothi-suruchir huthabhug vibhuH |  
ravir virochanas sUrya savithA ravilochanaH ||
95. anantha huthabhug bhogthA sukhadho naikajokrajaH |  
anirviNNas sadhAmarshI lokAdhishTAna madbhuthaH ||
96. sanAth sanAthana thama kapila kapidavyayaH |  
svastidhas svastikRth svasti svastibhuk svastidakshiNaH ||
97. aroudra kunDalee chakrI vikramyUrjitha shAsanaH |  
shabdAthigas shabdha saha shishiras sarvarIkaraH ||
98. akrUra peshalo daksho dakshiNa kshamiNAM varaH |  
vidhwattamo veethabhaya punyashravaNa kIrthanaH ||
99. utthAraNo dushkRthihA puNyo dusswapna nAshanaH |  
vIrahA rakshaNas santho jIvana paryavasthithaH ||
100. anantharUpo nanthashrIr jithamanyur bhayApaH |  
chaturashro gabhIrAtmA vidhisho vyAdhisho dhishaH ||
101. anAdhir bhUrbhuvo lakshmi-suvIro ruchir-aangadhaH |  
janano jana janmAdhir bhImo bhIma parAkramaH ||
102. aadhAra nilayo dhAthA pushpahAsa prajAgaraH |  
oordhvagas sathpathAchAra prANadha prANava paNaH ||
103. pramANam prANa nilaya prANabhRth prANa jIvanaH |  
tattvam tattva vidhekAtmA janma mrityu jarAthigaH ||
104. bhUrbhuvas svastharusthAras savithA prapithAmahaH |  
yagnyo yagnya pathir yajvA yagnyAngo yagnya vAhanaH ||
105. yagnyabhRdh yagnyakRdh yagnyi yagnyabhug yagnyasAdhanaH |  
yagnyAntakRdh yagnyaguhyam annamannAdha evacha ||
106. aatmayonis svayanjAtho vaikhAnas sAmagAyanaH |  
devakinandanas srashTA kshitheesha pApa nAshanaH ||
107. shankha bhRn nandakI chakrI shArangadhanvA gadhAdharaH |  
rathAngapANi rakshobhya sarva praharaNAyudhaH |

sarva praharaNAyudha om nama ithi ||

108. vanamAlee gadhI shArangI shankhi chakrIcha nandakI |  
shrImAn nArAyaNo vishNur vAsudevobhi rakshathuH |  
srI vAsudevobhi rakshatyom nama ithi ||

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[Part 4 \(Phala Shruti\)](#)

ithItham kIrthanIyasya keshavasya mahAthmanaH |  
nAmnAm sahasram divyAnAm asesheNa prakIrthitham ||

ya idham shruNuyAn nityam yaschApi parikIrthayeth |  
nAshubham prApnuyAth kinchith somuthrehacha mAnavaH ||

vedAnthago brAhmaNas syAdh kshatriyo vijayI bhaveth |  
vaishyo dhana samRddhas syAdh shUdras sukhama vApnuyAth ||

dharmArthi prApnuyAth dharmam arthArthI chArttha mApnuyAth |  
kAMAnavApnuyAth kAmI prajArthI chApnuyAth prajAH ||

bhaktimAn yas sadotthAya suchis tadvadha mAnasaH |  
sahasram vAsudevasya nAmnAm etat prakIrtayeth ||

yasha prApnothi vipulam yAthi prAthAnyamevacha |  
achalAm sriya mApnothi sreya prApnothyanutthamam ||

na bhayam kvachithApnothi vIryam thejascha vinthathi |  
bhavathyarogo dhyuthimAn balarUpa guNANvithaH ||

rogArttho muchyathe rogAth baddho muchyetha bandhanAth |  
bhayAn muchyetha bIthasthu muchyethApanna aapathaH ||

durgAn yadhidharath yAsu purushah purushottamam |  
stuvan nAma sahasreNa nityam bhakti samanvithaH ||

vAsudevAs srayo marthyo vAsudeva parAyaNaH |  
sarva pApa vishuddhAtmA yAthi brahma sanAthanam ||

na vAsudevasya bhaktAnAm ashubham vidyathe kvachith |  
janma mrityu jarA vyAdhi bhayam naivo pajAyate ||

imam sthava madhIyAna sraddhA bhakti samanvithaH |  
yujyethAtma suka kshAnti sri dhrithi smriti kIrthibhiH ||

na krodho nacha mAthasaryam na lobho nAshubhAmathiH |  
bhavanthi krithapuNyAnAm bhaktAnAm purushottame ||

dhyous sachandrArka nakshatrA kam disho bhUrmahodhadhiH |  
vAsudevasya vIryeNa vidhru thAni mahAtmanAH ||

sasurAsura gandharvam sayakshoraga rAkshasam |  
jagat vase varttha thedham krishNasya sacharAcharam ||

indriyANi mano buddhis sattvam thejo balam druthiH |  
vAsudevAth mahAn yAhu kshetram kshetrajnya evacha ||

sarvAga mAnA-mAchAra prathamam parikalpyathe |  
aachAra prathamO dharmo dharmasya prabhur achyuthaH ||

rishaya pitaro devA mahAbhUthAni dhAtavaH |  
jangamA jangaman chedham jagan nArAyaNodhbhavam ||

yogo jnyAnam tathA sAnkhyam vidhyAs shilpAdhi karmacha |  
vedAs shAstrANi vignyAnam etat sarvam janArdhanAth ||

eko vishNur mahathbhUtam pRthak bhUtAnyA nekashaH |  
trIn lokAn vyApya bhUthAtmA bunkthe vishwabhu gavyayaH ||

imam stavam bhagavatho vishNor vyAsena kIrthitham |  
patethya iccheth purusha shreya prApthum sukhAni cha ||

vishweshwara majam devam jagatha prabhu mavyayam |  
bhajanthi ye pushkarAksham nate yAnthi parAbhavam |  
na te yAnthi parAbhavom nama ithi ||

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[Part 4 \(Mahabharata and tradition\)](#)

*arjuna uvAcha:*

padmapatra visAlAksha padmanAbha surotthama |  
bhaktAnAm anurakthAnAm trAdhA bhava janArdhana ||

*sri bhagawAn uvAcha:*

yo mAm nAma sahasreNa sthothumicchathi pANDava |  
sohamekena shlokena stuta eva na samshaya |  
stuta eva na samshaya om nama ithi ||

*vyAsa uvAcha:*

vAsanAth vAsudevasya vAsitham bhuvanatrayam |  
sarvabhUtha nivAsosi vAsudeva namostu te |  
sri vAsudeva namostuta om nama ithi ||

*pArvatyuvAcha:*

keno pAyena lagunA vishNor nAma sahasrakam |  
paTyate paNDitair nityam shrotumicchAmyaham prabho ||

*iishwara uvAcha:*

sri rAma rAma rAmethi rame rAme manorame |  
sahasranAma thatthulyam rAma nAma varAnane |  
rAma nAma varAnane om nama ithi ||

*brahmovAcha:*

**namosthvananthAya sahasramUrthaye sahasrapAdAkshi shiroru bAhave |  
sahasranAmne purushAya shAshwate sahasrakoTi yugadhAriNe namaH |  
sahasrakoTi yuga dhariNe om nama ithi ||**

*sanjaya uvAcha:*

**yatra yogeshwara krishNo yatra pArtho dhanurdharaH |  
tatra srIr vijayo bhUthir dhruvA neethir mathir mama ||**

*sri bhagawAn uvAcha:*

**ananyAs chintha yantho mAm ye janA paryupAsathe |  
teshAm nityAbhiyukthAnAm yogakshemam vahAmyaham ||**

**parithrANaya sAdhUnAm vinAshAyacha dushkRtAm |  
dharmasamsthApa nArthAya sambhavAmi yuge yuge ||**

**aartthA vishaNNAs shithi lAscha bheethA goreshucha vyAdishu vartthamAnAH |  
sankIrthya nArAyaNa shabda mAthram vimukta dukkhAs sukhino bhavantu ||**

**kAyena vAchA manasendriyairvA buddhyAtmanAvA prakRte svabhAvAt |  
karomi yadyat sakalam parasmai nArAyaNAyeti samarppayAmi ||**

**yadakshara pada-bhrashTam mAtra hInantu yad bhavet |  
tatsarvam kshyamyatAm deva nArAyaNa namostute ||**

**visarga bindu mAtrANi pada pAdAksharANi cha |  
nyUnAni chAtirikdhAni kshamasva purushottamah ||**